## Some Ideas for Activities Include:

- Participating in book studies or professional groups that are focused on your goal(s) and offer collegial support.
- Taking a course from an institute of higher education in an area related to your goal(s).
- Attending and participating in professional workshops, webinars, and conventions that relate to your goal(s).
- Working with experts in the field that relates to your goal(s).
- Watching experts in the field as they work, reflecting upon what you saw and then applying what you learned in your own classroom setting.
- Seeking out feedback in the area of your goal(s) from experts or accomplished professionals
- Trying a new instructional approach or technique and documenting the results
- Meeting with a mentor or instructional coach
- Shadowing accomplished people in the field that are knowledgeable in the area of your goal(s).
- Attending scheduled sessions (workshops and professional development opportunities) that will advance your knowledge in your focus area.
- Attending or presenting at a conference that advances your professional growth.
- Studying case studies, watching videos, or reading professional publications that promote new content knowledge.
- Analyzing student data and making modifications to instruction as a result.
- Engaging in action research.